

Self – Awareness and the Effective Leader:

Leading
from Within

Self awareness is a mindset – a state of mind and attitude rather than a defined skill – but it must have an outward focus. In other words, individuals must be aware of their actions and the active dynamics and situations around them to understand how to align behavior with their true values and standards.

And that is the purpose of this 60-minute seminar – You'll enhance understanding of your Mental Powers of perception, awareness, and mental strength with the Leadership Power of execution – all laser-focused on self-awareness and situational awareness.



Organizations often focus so intently on the financial balance sheet and dynamics of business they forget that the true actuators of their success are effective people.

As individuals and collectively as teams, effectiveness begins with an internal mental strength characterized by self-awareness.

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These values and standards are formed through a mix of observations and experiences, personal beliefs, opinions, tolerances, emotional states, and the ability to regulate them. The self-aware person considers these elements that compose their character, how they influence their relationship with others, and their impact on the circumstances they encounter.

At the same time, awareness is dynamic. It responds with flexibility according to the situation. Everyone has the capacity to develop and maintain awareness for greater effectiveness.

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WHAT YOU'LL LEARN:

Your personal influence is the collective awareness of environment, consequence, corporate responsibility, social responsibilities, mental practices, of your behavior, and your emotional and mental state. This is the source of your inner strength— where your awareness originates.

HOW YOU'LL BENEFIT:

- Enhanced understanding of your Mental Powers of perception, awareness, and mental strength with the Leadership Power of execution – all laser-focused on self-awareness and situational awareness
- Reinforced sense of personal responsibility, appropriate professional conduct, and consequences
- Increased positive awareness skills and behaviors
- Tools for how to maintain awareness so you're effective regardless of circumstances around you and your team

ACTIVITY:

- Self-awareness and situational awareness activity

ACTIVITY BENEFITS:

- Maximizes awareness limits
- Develops awareness skills
- Provides immediate feedback

NOTE:

The content of this seminar has a direct relationship to both the organization and individual in regards to the following:

- *Code of conduct*
- *Code of ethics*
- *Professional deportment*
- *Social and Individual responsibility*
- *General Consequences*
- *Career Impact*
- *Personal & Professional reputation*
- *Corporate Reputation*
- *Legal Considerations And Consequences*
- *Personal & Professional development*