



EARNEST HART, JR.

THE SAFE-T-GURU



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FOR ADDITIONAL INFORMATION PLEASE VISIT WWW.EARNESTHART.COM

EXECUTIVE & EMPLOYEE TRAVEL SAFETY

THINKING LIKE A BODYGUARD TO KEEP YOURSELF SAFE

Prevention is 90% of self-preservation in today's world. Corporate executives, their employees, and their families must to be knowledgeable about today's threats and how to stay safe. The safety of every executive and their employees' should be the top priority while at work or if they are traveling abroad on behalf of their company. Another important reason to obtain this much-needed training for your employees' is for liability reasons. By conducting some basic personal safety and self-defense training for employees, corporations are better protected from a legal prospective in the event anyone in the company has to deal with a crime (s) while working.

EXECUTIVE AND EMPLOYEE TRAVEL SAFETY

Most business people, especially executives have no idea how vulnerable they truly are. With crimes increasing everyday, executives can no longer hide their heads in the sand as if nothing can ever happen to them while traveling. Companies are increasingly going global to compete in today's business world, and traveling is a must for executives and their corporate employees. In order to stay safe in an ever changing and sometimes dangerous world, learning these skills will definitely give the employees and their companies peace of mind.

SOME OF THE TRAVEL SAFETY TOOLS THAT WILL BE DEVELOPED IN THIS SEMINAR WILL INCLUDE:

- Dealing With Crime While Traveling
- Women Executives/Keeping Safe
- Terrorism
- Surviving a High-jacking
- Surviving a Kidnapping
- Counter Surveillance Techniques
- Corporate Liability Issues
- Awareness – The Key to Staying Safe
- Threat Assessment and Risk Analysis
- Advance Work
- Airline Travel Safety
- Vehicle and Rental Car Safety
- Hotel Safety
- Transportation Safety

* This 4-hour seminar can be adapted toward executives, employees, or women.



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PERSONAL SAFETY TRAINING

In today's world, everyone should have some practical knowledge on how to stay safe. The key to "crime proofing" one's self is to become "Street Smart". Awareness and assessment skills are the keys to making the right decision that will keep you and your family safe from the different types of situations that they may encounter in today's society. Staying safe on the streets, to and from your vehicle, and in your home are just a few of the topics that are covered in this seminar.

The skills you will learn in this seminar will teach you how to see, process, and react properly in any situation. Tools such as understanding how to carry yourself in a positive manner, non-verbal and verbal skills, de-escalation skills, controlling your fear, and knowing how to escape a potentially bad situation are just a few of the things you will learn from this seminar.

THE PERSONAL SAFETY TOOLS THAT WILL BE DEVELOPED IN THIS SEMINAR WILL INCLUDE:

- Personal Safety Mindset
- Awareness Skills
- Verbal Skills
- Threat Assessment Skills
- Home Safety: Fortify Your Castle
- Vehicle and Road Safety
- Street Safety- Staying safe while out & about
- Public Transportation Safety
- Vacation and Travel Safety
- Scam and Con Game Safety

SEVERAL SPECIAL AREAS OF SAFETY THAT CAN BE ADAPTED TO THIS SEMINAR:

- Executive Safety
- Family Safety
- Women's Safety
- Children's Safety
- Teen Safety
- Senior Citizens Safety
- Real Estate Agents
- Doctors, Nurses, and Health Care Workers

* This 4-hour seminar can be adapted toward executives, employees, or women.



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SELF DEFENSE TRAINING

You don't have to be a black belt or a mix martial arts fighter to successfully defend yourself. Regardless of your current age, sex, or physical condition, this seminar takes the best from all of the most effective self-defense arts and mixes the moves and principles with the most dominate street fighting techniques and teaches these strategies in a simple and easy way. You will quickly learn how to instinctively use this system of self-defense to protect you and your family.

THE OBJECT OF THIS SEMINAR IS TO:

- 1.) Prepare your mind mentally to protect yourself.
- 2.) Understand the risks of street encounters and having the skills and knowledge to react accordingly.
- 3.) Knowing your options and then picking the proper counter attack to offset any aggression..
- 4.) Knowing the outcome is the most important phase of this situation because you have to believe in your abilities and believe that you have what it takes if you ever have to defend yourself.

SOME OF THE SELF-DEFENSE TOOLS THAT WILL BE DEVELOPED IN THIS SEMINAR WILL INCLUDE:

- Self Defense Mindset
- Awareness Skills
- Verbal Skills
- Threat Assessment Skills
- Punching and Striking Skills
- Kicking Skills
- Ground fighting Skills

- Self Defense Techniques
- Everyday Environmental Weapons
- Knife and Gun Defense
- Dealing With Multiple Attackers
- Pros and Cons of Weapons
- The Aftermath of Violence

* This seminar can be in two ways. One being an Introductory one day seminar which lasts 5-hours or an Advanced two-day seminar which lasts 5-hours per day.



WORKPLACE VIOLENCE: DEALING WITH CONFLICT & ANGER

Workplace violence committed by employees or former employees has become one of the fastest growing problems in corporate America. In the past few years there have been some deadly attacks that have been sensationalized by the media, but don't represent the typical incidents that managers and employees encounter in the work place. Very few companies are prepared to handle any type of violent incident or threat in their company. The best way to confront conflict and anger in any environment is through knowledge and training. Through this training your employees will have increased confidence and peace of mind knowing that they have the skills to react to a crisis situation. This training will reduce the risk of potential liability from injury, and even death to your staff and employees.

SOME OF THE CONFLICT RESOLUTION TOOLS THAT WILL BE DEVELOPED IN THIS SEMINAR WILL INCLUDE:

- Profiling violent behavior
- Understanding the levels of violence
- Things that can be done to prevent workplace violence
- Strategies for dealing with potential violence
- Non-verbal and verbal techniques for controlling angry and disruptive individuals
- Keeping verbal aggression from becoming physical
- Dealing with fear and anxiety
- When to use physical intervention
- How to use restraints safely
- How to transport safely
- How to respond if violence gets out of hand
- Team intervention: Why this is so important

SEVERAL SPECIAL GROUPS THAT CAN BE ADAPTED TO THIS SEMINAR INCLUDE:

- Managers and Supervisors
- Nurses
- Health care workers
- Middle and high school teachers
- Police and Security officers
- Bus Drivers
- Workers who have to Deal with the Public

* This 5-hour seminar can be adapted toward different groups from executives to employees.



THE REALITIES OF TRAVELING & LIVING ABROAD IN THE NEW MILLENNIUM

Since 9 / 11, personal safety has never been more paramount. This Traveling and Living Abroad seminar is an in – depth learning of the realities of traveling, living abroad, and staying safe. It focuses on the important principles for individuals and families to help prepare them for real – life encounters. Before you can take steps toward a new perspective on safety, you must first learn the significance of four important principles:

- Sense of awareness
- Mindset
- Mental Preparation
- Confidence

PRE-TRAVEL SAFETY

Unfortunately, your home is the most vulnerable, when no one is there. When an intruder finds out that you and your family will be living abroad, it is like hitting the lottery jackpot. The best way to prevent a burglary would be to keep your travel plans as private as possible. This section of the seminar shows you how you can have peace of mind while living abroad and at the same time you will be making it more difficult for the bad guys to break into your home, and they will move on to seek an easier target

- How Reliable is Your Home Security?
- Preparation Before Leaving
- Outside Security
- Inside Security

FAMILY SAFETY WHILE LIVING ABROAD

Millions of people are willing to travel and live abroad every year all over the world, it is one of life’s greatest experiences. When traveling and living internationally, there are certain rules you and your family must abide by in order to insure every one will stay safe.

- Staying “Street Smart” in Unfamiliar Cities
- Travel Safety
- Airport Safety
- Public Transportation
- Residential Safety
- Apartment and Compound Dwellers

- Staying Safe in Public
- Women’s Safety
- Children’s Safety
- Personal Crisis Abroad
- Dealing with Culture Etiquette
- Awareness of Terrorism

* This 4 hour seminar can be adapted to families, executives, employees, or women